Advising Recommendations for Spring Semester Freshman Year

Everyone:

- Make and attend your advising appointment with your advisor.
- Keep your pre-registered cluster 1 course(s) UNLESS you have discussed a deferral with your advisor. You may SWAP your cluster 1 course if a more attractive option is available.
- Aim for 14-17 credits total. You will be able to register for a maximum of 17 credits during your initial registration appointment. If, after careful consideration, you decide to take more than 17 credits, you will need wait to add one course during open enrollment (mid-Nov to mid-Jan)
- Update and refer to your GenEd checklist. Be sure to “check” off the courses you expect to complete successfully (D or better) this semester. Also check any courses for which you earned DE or AP credit. Look at your Unofficial Transcript on ECAMPUS to see if/how your AP or DE credit was applied.
- Refer to the Course Descriptions at the back of your Undergrad Catalog.
- If you have a major, refer to the description of the major in your Undergrad Catalog.

Pre-Professional Health Program (pre-med, pharmacy, etc.)

- Refer to your Undergrad Catalog for recommended courses. Find more detailed information at http://www.iihhs.jmu.edu, click on “academics & students”, then select “Pre-Professional Health Programs” and find your program of interest.
- Continue taking CHEM 131/132/labs, Bio 114, calculus, and GenEd.
- If you are finished with the calculus needed for your major, consider Math 220.

Secondary Education Minor:

- If you have not yet declared the Secondary Ed minor, see your advisor to get a signed Major/Minor declaration form, and then submit it to the SEED office.
- MSSE 101 (Introduction to the Profession - 2 credits) is recommended, but not required.
- For Cluster 5, choose GPSYC 160 and take it either during your freshman or sophomore year.

Undecided about a major:

- See your advisor to get a signed Change of Major form, and then submit it to Wilson Hall 3rd Floor Career and Academic Planning (CAP) office.
- Complete your Cluster 1 courses. You should be pre-registered for these. If not, add them during your registration time.
- Add other GenEd courses that look interesting and that may lead to a major. Refer to your GenEd checklist.
- Consider adding the 1-credit IS 202 Orientation to Career and Life Planning course. This course meets for half the semester, either 1st or 2nd eight-weeks. Check the course detail to learn the meeting dates.
- If you are serious about a pre-prof health program, continue with BIO and/or CHEM 131/132 + labs.

Changing to a Non-Science major:

- See your advisor to get a signed Change of Major form, and then submit it to someone in your newly chosen major. Also, talk with a faculty member in your new major about specific courses.
- If possible, complete your Cluster 1 courses. If other courses required by your major make finishing Cluster 1 difficult, see your adviser to fill out a deferral form.
- If you have room in your schedule, select other general education courses according to interest and availability.
Chemistry majors who expect to successfully complete (C- or better) CHEM 131 & lab:

- Continue with CHEM 132. If you plan to complete CHEM 132 this fall, you have already heard about CHEM 370. Consider carefully whether or not you are ready for this challenging sophomore level course. See Dr. Gilje, Reisner or Warnaar if you have questions about whether or not to take CHEM 370 this spring.

- Take the 2-credit CHEM 136L lab. You can expect that you will work slightly harder than you worked in CHEM 135L, but probably not twice as hard. If you have time conflicts with the CHEM 136L, see Dr. Warnaar. The experiment lab work will occur Thursdays 1-3:50pm. The Friday time is listed because you will be expected to attend several outside-of-lab presentations. Some of the choices will occur on Fridays at 3:30. There will be other options at other times during the week as well. Over the course of the semester, you will be expected to attend approximately 6 presentations.

- Math recommendations for Chemistry majors:
  - Continue with calculus until you have completed Math 236 (231 → 232 → 236 or 235 → 236)
  - If you have finished (or earned credit for) Math 236, you have completed your minimum calculus requirement. If you enjoy math and it is going well, consider taking Math 237 or 238.
  - If you do not expect to be successful in your current math class, talk to your advisor.

- If you are premed, prepharm or other pre-health, OR have an interest in Biochemistry, take BIO 114 (for pre-xxx, GenEd C3T1G3, and as Bio 214 pre-req). If you are NOT interested in a Pre-prof health program, take BIO 222 (for GenEd C3T1G3 and to help with Biochem later).

- If possible, complete your Cluster 1 courses. If you plan to take BIO, MATH and CHEM in the spring, you will likely have room for only one C1 course. Talk to your advisor if you need to defer a C1 course until the next Fall semester.